Hartford's Camp Courant Aquatics Program: Safety Guide

Welcome to Camp Courant's Aquatics Program!

Swimming is one of the most anticipated activities at camp, and the safety of every camper is our highest priority. Our aquatics program follows Connecticut Red Cross lifeguarding standards and is designed to provide a safe, supervised, and enjoyable environment for all swimmers.

Pool Safety Overview

- Our pool is a shallow-water facility with a maximum depth of 4.5 feet; the shallow depth is 2.5 ft.
- Areas of the pool are clearly marked and roped off to ensure campers remain in appropriate water depths based on age, swimming ability, and comfort level.
- Campers are never permitted to enter water that is above their demonstrated swimming ability without successfully completing a swim assessment.

Lifeguard Supervision

- Hartford's Camp Courant follows Connecticut lifeguarding standards and maintains a supervision ratio of approximately 1 lifeguard for every 25 swimmers.
- Certified lifeguards are stationed throughout the pool area during all swim periods.
- Lifeguards actively supervise the water, pool deck, and surrounding areas at all times.
- There is a pool sweep every 10 minutes of the hour-long swim period, where we have all campers sit on the edge of the pool so the pool can be checked
- Emergency equipment and rescue procedures are in place and regularly reviewed by staff.

Additional Adult Supervision

Swimming safety is a team effort.

In addition to certified lifeguards:

- Camp counselors remain with their camper groups during swimming periods.
- Staff members supervise the pool deck and locker room areas.
- Multiple adults are present to ensure campers follow pool rules and receive assistance when needed.

Swim Assessments

To help ensure every camper swims safely:

- Campers wishing to swim in water levels above their heads must complete a swim assessment administered by our aquatics staff.
- Swim assessments evaluate a camper's comfort level, swimming ability, and water safety skills.
- Campers who do not pass the assessment are restricted to designated shallow-water areas where they can safely stand.

Important Pool Rules

1. Always listen to lifeguards and camp staff.
2. No running on the pool deck.
3. No roughhousing, pushing, or unsafe horseplay.
4. Swimmers must keep hands to themselves.
5. Campers must stay within their assigned swimming area.
6. Campers may not enter water deeper than their approved swim level.
7. Appropriate swim attire is required (bathing suit, water shoes, googles).
8. Campers must enter and exit the pool only when directed by staff.
9. Anyone feeling tired, sick, or uncomfortable in the water should notify a lifeguard immediately.

Our Commitment to Safety

At Hartford's Camp Courant, we believe every child should have the opportunity to enjoy swimming in a safe and supportive environment. Through certified lifeguards, trained staff, swim assessments, clear safety rules, and constant supervision, we work every day to ensure that every camper has a positive aquatic experience.

Thank you for trusting us with your children. We look forward to a fun, safe, and successful summer in the pool!